



Dear Parents,

My name is Chef Richard E. Henry, President of R Catering, Inc., and I am happy to return as the head of the nutrition program at Fisher Island Day School (FIDS). In the next few weeks, I hope to have the pleasure of meeting all of the new parents, staff, and students with whom I will be working in the new school year.

The 2021-2022 school year brings significant improvements to FIDS's foodservice program. The most profound change is the addition of the state-of-the-art, Lang Kitchen, which is part of FIDS's recent expansion. In addition to the commercial kitchen, the expansion includes an air-conditioned serving room, replete with temperature-controlled serving carts—one for hot foods and the other for cold foods. Lastly, the John Melk Dining Courtyard—adjacent to the Lang Kitchen—will provide a separate *al fresco* dining space for FIDS's middle-school students. On inclement-weather days, students can enjoy dining in the Jana & Brian Neff Gymnasium. All of the aforementioned will greatly enhance the dining experience for students.

As head of FIDS's nutritional program, my mission is to provide an organic, nutritional menu for the school community during the coming year. The school-day menu will include a morning breakfast, lunch, afternoon snack, and two choices of an in-class "*grab-and-go-snack*" prior to dismissal. I utilize only GMO-free products, organic fruit juices with no additional sugars added, hormone-free poultry, organic fresh vegetables, organic fresh fruits, free-range organic and grass-fed beef, organic milks, and wild fish. My meals are naturally low in sodium and contain sugar substitutes, such as agave or honey, added as needed. The utilization of good sources of fats, complex carbohydrates, and alternative sweeteners is my priority. Each lunch and snack will include gluten-free choices and other options to accommodate selected dietary restrictions. Every child enrolled in the nutrition program will be provided with the aforementioned foodservice.

The annual price for foodservice for students in Grades Early Learning and Pre-Kindergarten is \$1,450; the annual price for the foodservice for students in Grades Junior Kindergarten and higher is \$2,450. Payment may be made, in advance, at the time of enrollment. Parents/Guardians may pay by check or with a credit/debit card.

**Early Learning & Pre-Kindergarten**

\$1,500, taxes included

**Junior Kindergarten & Older**

\$ 2,550, taxes included

I am looking forward to utilizing monthly educational themes about food and nutrition. As a means of espousing sound nutritional habits, I will be asking for assistance from the children at different intervals in food preparation and/or culinary activities.

As an extended service to the community, my company-also serves as an event planner by providing fully catered corporate events, children's birthday parties, and Chef Richard© dinners or diet-specific meals for those who are interested in healthy living, weight loss, or other dietary or health- and fitness-related goals. Please visit [www.chefrichard.net](http://www.chefrichard.net) for weekly menus and delivery and pick-up options.

**CREDIT / DEBIT CARD AUTHORIZATION FORM**

Date: 2021-2022

I authorize R Catering, Inc., to receive funds from Credit/Debit card.

Card Holder's Name: \_\_\_\_\_

Card Holder's Address: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

    Visa ( )      Master Card ( )      Amex ( )      Discover ( )

CV2 # \_\_\_\_\_ (three-digit number on back of card or four-digit code on front of Amex)

Card Billing Zip Code: \_\_\_\_\_

**R Catering & Chef Richard Contract**

This contract is made between the parent(s)/guardian(s) and R Catering, Inc.:

Name of Parent(s) \_\_\_\_\_

Address of Parent(s) \_\_\_\_\_

Names and Dates of Birth of Children:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Full Year Payment \$ \_\_\_\_\_

Print name: \_\_\_\_\_ Signature \_\_\_\_\_

***R Catering, Inc., accepts all major credit cards, cash, or checks.***

***Charges will be posted at the beginning of the school year.***

**Termination Procedures:**

This contract may be terminated by the Parent(s)/Guardian(s) or the Provider during the last week of the month preceding the forthcoming month. **One week's notice prior to the last date of service is required.**

**R CATERING, INC.**, has chosen to accept debit cards as a convenience for our customers. Please note, however, that charges to these cards are authorized in the same manner as credit cards, in accordance with industry standard. It is important that you remember this when using your debit card. An authorization of funds freezes that amount in your account and makes it unavailable for other purchases or payments. Please note that only the actual amount of the bill will be charged to your account, but it may take up to 72 hours to release any authorized funds, depending on the financial institution. Please keep this in mind when reviewing your account activity online and using your debit card for this service.

For Wire Transfers to R Catering, Inc.:

Bank Name: Citibank  
Bank Acct: 3200599369

Swift Code: CITIUS33  
Routing No: 266086554