



Dear Parents,

I am happy to return as the head of the nutrition program at Fisher Island Day School. In the next few weeks I hope to have the pleasure of meeting all of the new parents, staff and students with whom I will be working with in the new school year.

My name is Chef Richard E. Henry, president of R Catering Inc., and my mission is to provide an organic, nutritional menu for the FIDS Community during the coming year. The school day menu will include a morning snack, al-fresco lunch, afternoon snack, and a protein and fruit “*grab and go snack*” at dismissal time. I utilize only GMO-free products, organic fruit juices with no additional sugars added, hormone-free poultry, organic and fresh vegetables, organic and fresh fruits, free range organic and grass-fed beef, organic milks and wild fish. My meals are naturally low in sodium and with sugar substitutes such as agave or honey added as needed. The utilization of good sources of fats, complex carbohydrates and alternative sweeteners is my priority. Each lunch and snack will include gluten-free and other options to accommodate selected dietary restrictions. Every child enrolled in the nutrition program will be provided with the aforementioned foodservice.

The annual price for foodservice for students in Grades Early Learning and Pre-Kindergarten is \$1,360; the annual price for the foodservice for students in grades Junior Kindergarten and higher is \$2,350. Payment may be made in advance at the time of enrollment. Parents/Guardians may pay with check or credit/debit card.

**Early Learning & Pre-Kindergarten**

\$ 1,360 Taxes Included

**Junior Kindergarten & Older**

\$ 2,350 Taxes Included

**\$100 discount if paid in full before August 15<sup>th</sup> 2019**

I am looking forward to contributing monthly educational themes about food and nutrition. As a means of espousing sound nutritional habits, I will be asking for assistance from the children at different intervals in food preparation and/or culinary activities.

As an extended service to the community, my company is also an event planner, which provides fully catered corporate events, children’s birthday parties and Chef Richard© dinners or diet-specific meals for those who are interested in healthy living, weight loss or other dietary or health and fitness-related goals. Please visit [www.chefrichard.net](http://www.chefrichard.net) for weekly menus and delivery options.

**CREDIT / DEBIT CARD AUTHORIZATION FORM**

Date: 2019-2020

I Authorize R Catering, Inc. to Credit/Debit card.

Card Holder's Name: \_\_\_\_\_

Card Holder's Address: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

Visa ( )    Master Card ( )    Amex ( )    Discover ( )

CV2 # \_\_\_\_\_(three digit number on back of card or four digit code on front of Amex)

Card Zip Code Address: \_\_\_\_\_

**R Catering & Chef Richard Contract**

This contract is made between the parent(s)/guardian(s):

\_\_\_\_\_ name of parent(s)  
\_\_\_\_\_ address of parents(s)  
\_\_\_\_\_

and names of children:

\_\_\_\_\_ child's name and date of birth  
\_\_\_\_\_ child's name and date of birth  
\_\_\_\_\_ child's name and date of birth

Full Year Payment \$ \_\_\_\_\_

Print name: \_\_\_\_\_ Signature \_\_\_\_\_

***R Catering, Inc. accepts all major credit cards, cash or checks.  
Charges will be posted at the beginning of the school year.***

**Termination Procedures:**

This contract may be terminated by the parent(s)/guardian(s) or the provider during the last week of the month preceding the forthcoming month. One weeks' notice prior to the last date of service is required.

**R CATERING, INC.** has chosen to accept Debit Cards as a convenience for our customers. Please note; however, that charges to these cards are authorized in the same manner as credit cards in accordance with industry standard. It is important that you keep this in mind when using your debit card. An authorization of funds freezes that amount in your account and makes it unavailable for other purchases or payments. Please note that only the actual amount of the bill will be charged to your account, but it may take up to 72-hours to release any authorized funds depending on the financial institution. Please keep this in mind when reviewing your account activity online and using your debit for this service.

For Wire Transfers To R Catering Inc

The Bank name is Citibank  
bank account 3200599369

Swift code CITIUS33  
routing number 266086554